

FIND MY SILVER FIT CLASS IN GAUTENG

LOCATION:	DAY & TIME:	ADDRESS:
ALBERTON - Brackendowns Community Church	Wednesday & Friday 09:00 - 09:45	<u>5 Kariba St, Brackendowns</u>
BEDFORDVIEW - 1st Bedfordview Scout Hall	Monday & Wednesday 17:00 - 17:45	<u>4 Disa Rd, Bedfordview</u>
BENONI - 6th Benoni Scout Group	Wednesday & Friday 09:00 - 09:45	<u>2 Henekom Street, Northmead</u>
BLAIRGOWRIE - Blairgowrie Recreation Centre	Tuesday & Thursday 09:00 - 09:45 AND 10:00 - 10:45	<u>8 Park Ln, Blairgowrie</u>
EDENVALE - Edenvale Bowling Club	Monday & Thursday 10:30 - 11:15	<u>170 6th Ave, Edenvale</u>
HONEYDEW - Weltevreden Chapel	Tuesday & Thursday 17:00 - 17:45	<u>John Vorster Rd, Honeydew</u>
MORNINGSIDE - Ernest Ullmann Recreation Centre	Evening classes: Monday & Wednesday 17:00 - 17:45 Morning classes: Tuesday & Thursday 08:45 - 09:30	<u>1 Alma Rd, Morningside</u>

TRY IT FREE FOR 7-DAYS - CLICK THE BUTTON BELOW

REGISTER NOW

FIND MY SILVER FIT CLASS IN GAUTENG

LOCATION:	DAY & TIME:	ADDRESS:
ORCHARDS - St Luke's Anglican Church	Morning Class: Monday & Friday 10:00 - 10:45 Evening Class: Monday & Wednesday 17:15 - 18:00	<u>18 High Rd, Orchards</u>
PARKVIEW - St Columba's Presbyterian Church	Tuesday & Friday 09:00 - 09:45 AND 10:00 - 10:45	<u>45 Lurgan Rd, Parkview</u>
PINESLOPES - God First Church	Tuesday & Thursday 09:00 - 09:45 AND 10:00 - 10:45	<u>18 Sunset Ave, Pineslopes</u>
JHB North - British International Preparatory School	Mondays & Fridays 09:00- 09:45 AND 10:00 - 10:45	<u>82 Selbourne Rd, Johannesburg North</u>
RANDPARK RIDGE - Randpark Ridge Scout Hall	Tuesday & Thursday 09:15 - 10:00	<u>Tinktinkie Rd, Randpark Ridge, Randburg</u>
ROOSEVELT PARK - Roosevelt Park Recreation Centre	Monday & Wednesday 09:00 - 09:45	<u>73 Preller Dr, Franklin Roosevelt Park</u>
WELTEVREDEN PARK - NG Kerk Weltevreden Park	Monday & Friday 09:00 - 09:45	<u>1140 Cornelius St, Weltevreden Park</u>
WILROPARK - Gereformeerde Kerk Wilro Park	Tuesday & Thursday 10:30 - 11:15	<u>Kiepersol St, Wilro Park</u>

TRY IT FREE FOR 7-DAYS - CLICK THE BUTTON BELOW

REGISTER NOW

FIND MY SILVER FIT CLASS IN THE WESTERN CAPE

LOCATION:	DAY & TIME:	ADDRESS:
BELLVILLE - Chrismar Tennis Club	Tuesday & Thursday 09:00 - 09:45	<u>22 Glanville Rd, Chrismar, Cape Town</u>
DURBANVILLE - Durbanville Community Church	Wednesday & Friday 09:00 - 09:45	<u>Boland Way &, De Keur Ave, Vierlanden</u>
PLUMSTEAD 1 - All Saints Church	Monday & Thursday 09:30 - 10:15	<u>6 Brent Rd, Plumstead</u>
PLUMSTEAD 2 - Plumstead Bowling Club	Tuesday & Thursday 17:15 - 18:00	<u>15 Princess Vlei Rd, Plumstead</u>
SOMERSET WEST - Coronation Methodist Church	Evening classes: Tuesday & Thursday 17:30 - 18:15 Morning classes: Wednesday & Friday 09:30 - 10:15	<u>15 Coronation Ave, Somerset West</u>
TABLEVIEW - River Glade Retirement Village	Tuesday & Thursday 10:00 till 10:45	<u>22 Ravenscourt Rd, Parklands, Cape Town</u>
MELKBOSSTRAND - Melkbosstrand Country Club	Tuesday & Thursday 10:00 till 10:45	<u>1 Robben Road, Melkbosstrand</u>

TRY IT FREE FOR 7-DAYS - CLICK THE BUTTON BELOW

REGISTER NOW

FIND MY SILVER FIT CLASS IN KWAZULU NATAL

LOCATION:	DAY & TIME:	ADDRESS:
HILLCREST - Hillcrest Sports Club	Tuesday & Friday 09:30 - 10:15	<u>3 Hospital Rd,</u> <u>Hilldene, Hillcrest</u>
UMHLANGA - NG Kerk Umhlanga	Tuesday at 09:00 - 09:45 Thursday at 09:30 - 10:15	<u>34 Herrwood Dr,</u> <u>Herrwood Park,</u> <u>uMhlanga</u>
WESTVILLE - Westville Methodist Church	Tuesday & Friday 08:00 - 08:45	<u>38 Jan Hofmeyr Rd,</u> <u>Westville</u>

TRY IT FREE FOR 7-DAYS - CLICK THE BUTTON BELOW

[REGISTER NOW](#)

FIND MY SILVER FIT CLASS IN THE FREE STATE

LOCATION:	DAY & TIME:	ADDRESS:
LANGENHOVENPARK - NG Kerk Langenhoven Park	Monday & Friday 09:00 - 09:45	<u>17 Boerneef St,</u> <u>Langenhoven</u> <u>Park</u>